

AMYLOIDOSIS RED FLAG SYMPTOMS

Carpal Tunnel Syndrome is a red flag symptom of amyloidosis.

10% of biopsied carpal tunnel release patients are diagnosed with amyloidosis.

Early detection is critical to saving lives.

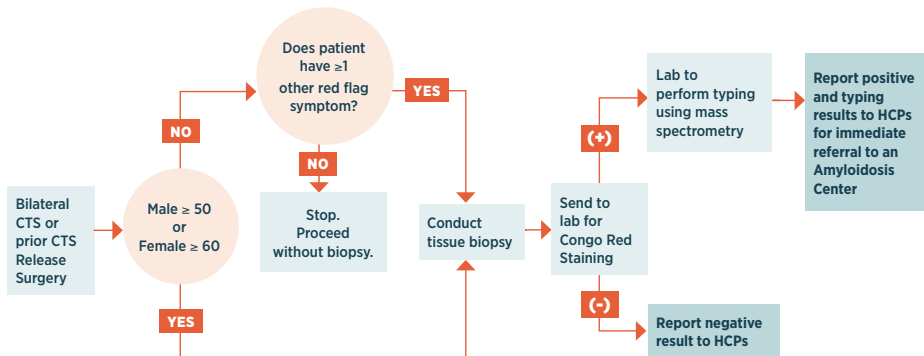
Key Red Flag Symptoms for Hand Surgeons

- Bilateral Carpal Tunnel Syndrome
- Prior Carpal Tunnel Release Surgery
- Male \geq 50
- Female \geq 60

Other Red Flag Symptoms

- Lumbar spinal stenosis
- Bicep tendon rupture
- Active or Previous Atrial Fibrillation or flutter
- Congestive heart failure
- Pacemaker
- Family history of hereditary transthyretin amyloidosis (hATTR/ATTRv)

HAND SURGEON AMYLOIDOSIS DIAGNOSTIC ALGORITHM



- Step in the diagnostic algorithm (test, biopsy, or conclusion)
- Key question in determining next step

Reference:

Tenosynovial and Cardiac Amyloidosis in Patients Undergoing Carpal Tunnel Release, Journal of American College of Cardiology Vol. 72, No. 17. 2018